

FIRST AID POLICY

2026/27

Links with Other Policies

This policy should be read alongside:

Supporting Students with Medical Conditions Policy
Medication Management Policy
Allergy and Anaphylaxis Safety Policy
Safeguarding and Child Protection Policy

First aid is the immediate assistance provided to a person who has been injured or becomes suddenly unwell. The purpose of first aid is to preserve life, prevent further harm, promote recovery and ensure appropriate medical support is accessed when required.

Rochester Independent College is committed to ensuring that all students, staff and visitors receive appropriate first aid support in the event of an accident, injury or sudden illness. The College maintains suitable first aid arrangements to ensure that support is available across the College site, during activities and on organised trips. First aid provision at Rochester Independent College is delivered by trained First Aiders and supported by the Medical Team, which includes a qualified Registered Nurse. The Medical Team and First Aiders provide immediate support within the scope of their training and understand the importance of recognising when further medical advice, assessment or emergency assistance is required.

Staff who are not trained First Aiders are still expected to take reasonable steps to support a student who is injured or becomes unwell, within the limits of their knowledge and ability, while seeking assistance from a trained First Aider or the Medical Team.

The purpose of this policy is to:

- Ensure the health, safety and welfare of all students, staff and visitors.
- Ensure staff understand their responsibilities regarding first aid and emergency response.
- Provide clear guidance on the arrangements in place for responding to accidents, injuries and medical emergencies.
- Ensure first aid incidents are appropriately recorded, reported and reviewed.
- Ensure suitable first aid provision is available during College activities, including boarding, educational visits, sporting activities and trips.
- Promote awareness of potential health and safety risks and preventative measures to reduce the likelihood of accidents and injury.



The term First Aider refers to a member of staff who holds a current, recognised first aid qualification appropriate to their role, such as Emergency First Aid at Work (EFAW), First Aid at Work (FAW) or other approved first aid training. The College will make reasonable arrangements to ensure appropriate first aid support is available across the College site and during College activities, including physical education, boarding activities, events and organised trips. Where a trained First Aider or member of the Medical Team is not immediately available, staff should take reasonable steps to provide appropriate assistance within the limits of their knowledge and ability and seek further medical support as soon as possible.

All staff must be aware of the location of first aid equipment and the trained First Aiders available. This information is available at the end of this policy and displayed on posters around the College site.

First Aid Needs Assessment

The College Nurse will determine the level of first aid provision required across the College according to:

- The number of students, staff and visitors on site.
- The size and layout of College premises.
- Boarding provision and students living away from home.
- Educational visits, trips and off-site activities.
- Higher-risk activities, including sport and practical subjects.
- Students with specific medical conditions or additional healthcare needs.
- The availability of trained First Aiders and Medical Team support.
- Access to first aid equipment, emergency medication and medical facilities.
- Accident, injury and incident trends.

Legislation and Guidance

This policy is based on guidance from the Department for Education (DfE), the Health and Safety Executive (HSE), and relevant legislation relating to first aid, health and safety and the welfare of students.

The policy has due regard to the following guidance and legislation:

- Department for Education (DfE) – First aid in schools, early years and further education, which provides guidance for schools and colleges on first aid provision, including first aid needs assessments, equipment, trained personnel and arrangements for educational visits.



- Department for Education (DfE) – Health and safety: advice for schools, which provides guidance on managing health and safety responsibilities, risk assessments and arrangements to protect students, staff and visitors.
- Health and Safety Executive (HSE) – First aid at work guidance, which provides practical guidance on assessing first aid needs, appointing first aiders, providing suitable equipment and ensuring immediate assistance is available.
- Health and Safety (First-Aid) Regulations 1981, which require employers to provide adequate and appropriate equipment, facilities and trained personnel to enable first aid to be provided.
- Management of Health and Safety at Work Regulations 1999, which require employers to undertake suitable risk assessments and implement arrangements to manage health and safety risks.
- Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR) 2013, which sets out requirements for reporting certain work-related injuries, illnesses and dangerous occurrences.
- Education (Independent School Standards) Regulations 2014, which require independent schools to ensure suitable arrangements are in place to support students' medical needs.
- DfE – Health and safety on educational visits, which provides guidance on managing health and safety arrangements for trips and off-site activities.

Training

All First Aiders at Rochester Independent College will have successfully completed a recognised first aid qualification delivered by an approved external training provider. Training will be appropriate to the individual's role and responsibilities and may include Emergency First Aid at Work (EFAW), First Aid at Work (FAW) or other relevant accredited first aid courses. First aid certificates are valid for the period specified by the awarding organisation, usually three years. First Aiders are required to complete refresher training and renew their qualification before their certificate expires to ensure they maintain the necessary knowledge and practical skills. Additional first aid updates, awareness sessions or scenario-based training may be provided by the Medical Team or external training providers where appropriate to support the College's specific needs.

First Aiders must work within the limits of their training and competence, provide appropriate first aid support in accordance with their qualification, and recognise when further medical assistance, advice or escalation is required. The College maintains a record of First Aider qualifications and renewal dates to ensure training remains current.

Boarding staff are first aid trained during their induction. Boarding staff are expected to recognise when further medical advice, support or escalation is required and understand the appropriate procedures for contacting the Medical Team or emergency services. Additional medical awareness sessions are delivered by the College Nurse to support boarding staff and



other relevant College staff in managing student health needs, emergency procedures and specific medical conditions.

Information on Students

Parents/carers are required to provide relevant medical information and appropriate consent for the management of their child's healthcare needs, including the administration of medication and emergency medical support where required.

The Medical Team is responsible for maintaining accurate, confidential medical records and ensuring that relevant health information, including allergies, medical conditions, accidents or illnesses, is shared with appropriate members of staff on a need-to-know basis to support the health, safety and wellbeing of the student. Medical information will be treated confidentially and managed in accordance with data protection requirements. Information may be shared with relevant healthcare professionals, emergency services or other appropriate agencies where this is necessary to safeguard or promote the welfare of a student.

Where students have English as an additional language, the College will take appropriate steps to ensure they understand information relating to their health, medical needs and any treatment or support provided. Additional communication support will be arranged where required.

Roles and Responsibilities

Principal

The Principal has overall responsibility for ensuring that appropriate first aid arrangements are in place across Rochester Independent College.

The Principal is responsible for:

- Ensuring this policy is implemented, reviewed and maintained.
- Ensuring suitable first aid provision is available based on the College's first aid needs assessment.
- Ensuring appropriate numbers of trained First Aiders are available.
- Ensuring staff are aware of first aid procedures and how to access support.
- Ensuring suitable risk assessments are completed and appropriate control measures are implemented.
- Ensuring significant incidents are appropriately reported and reviewed.

The Principal is supported by the School Nurse and Health & Safety Officer, who provide specialist advice and guidance regarding medical provision, health and safety requirements and the ongoing suitability of first aid arrangements.



School Nurse and Medical Team

The School Nurse and Medical Team provide professional medical advice and support the implementation of the College's first aid arrangements.

Responsibilities include:

- Providing advice regarding student medical needs and appropriate first aid provision.
- Maintaining medical records relating to students receiving medical support.
- Ensuring first aid equipment and medical supplies are monitored and maintained.
- Providing guidance to staff regarding medical procedures and emergency response.
- Supporting the review of first aid incidents and identifying any actions required.
- Advising when further medical assessment, treatment or escalation is required.
- Providing medical awareness training and guidance to staff where appropriate.
- Supporting staff understanding of Individual Healthcare Plans (IHCPs) and medical action plans.

Health & Safety Officer

The Health & Safety Officer provides advice and oversight to ensure first aid arrangements meet health and safety requirements.

Responsibilities include:

- Supporting the development and review of health and safety policies and procedures.
- Advising on risk assessments relating to first aid provision.
- Supporting the monitoring and review of incidents where required.
- Advising on relevant legislation and guidance.
- Supporting the review of first aid arrangements across the College where appropriate.
- Reporting under RIDDOR, where appropriate

First Aiders

First Aiders are responsible for providing immediate first aid support within the limits of their training and competence.

Responsibilities include:

- Responding to incidents requiring first aid assistance.
- Providing appropriate first aid treatment in line with their training and competence.
- Seeking further assistance or escalating concerns where required.
- Seeking advice from the Medical Team when unsure or when additional guidance is needed.



- Informing the Medical Team of any concerns relating to a student's health, injury or treatment provided.
- Communicating details of any first aid care or support provided to the Medical Team to ensure appropriate records are maintained and continuity of care is supported.
- Completing relevant first aid documentation following an incident.
- Ensuring first aid equipment used during treatment is returned, replenished where required and the area is left safe and suitable for future use.
- Maintaining their first aid knowledge and skills by completing required refresher training and keeping their qualification up to date

All Staff

All staff have a responsibility to support the College's first aid arrangements.

Staff must:

- Be aware of how to access first aid support.
- Follow College procedures when responding to accidents, injuries or illness.
- Seek assistance from a First Aider or the Medical Team when required.
- Report accidents, injuries or medical concerns promptly.

RIDDOR

Rochester Independent College will comply with the Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR) 2013. Not all accidents, injuries or incidents are reportable under RIDDOR.

Where a serious work-related accident, injury, occupational disease or dangerous occurrence may meet RIDDOR reporting criteria, staff must report the incident promptly to the Health & Safety Officer and/or Principal.

Staff should provide accurate information about the incident, including the nature of the injury, circumstances of the accident and any first aid or medical treatment provided. Staff should not assume whether an incident is RIDDOR reportable.

The Health & Safety Officer and/or Principal will assess the incident against RIDDOR requirements and, where necessary, ensure that the appropriate report is submitted to the Health and Safety Executive (HSE) within the required timeframe.

Medical Room

The Medical Room is located in the basement of No.23 Star Hill and provides a dedicated space for the assessment, support and treatment of students requiring medical care, including first aid. The Medical Room is equipped with appropriate medical supplies, first aid



equipment and resources to support the College's first aid and healthcare arrangements. The medical room includes two sick bays for students requiring rest, observation or short-term care.

The Medical Team, consisting of a Registered Nurse and a Healthcare Assistant and provides medical support Monday to Friday during College hours. The Medical Team supports the management of student health needs, provides first aid assistance when required, maintains appropriate medical records and advises staff on medical concerns and appropriate escalation.

First Aid Procedures at College

When a student, member of staff or visitor becomes injured or unwell, appropriate first aid support should be accessed as soon as possible. Where a person is able to safely mobilise and does not require immediate assistance, they may be directed to the Medical Room or another appropriate location where first aid support can be provided. Where a person is unable to safely mobilise, or where moving them may worsen their condition, they should be kept in their current location and assistance requested from a First Aider and/or the Medical Team. A person should not be moved unless it is necessary to protect them from further harm. The Medical Team should be informed of any significant injury, illness or incident where medical advice, assessment or further support may be required. If the situation is beyond the level of first aid provision available, or there is concern regarding the person's condition, emergency services should be contacted by dialling 999.

Staff should provide the following information:

- College telephone number: 01634 828115
- Exact location of the incident and the most appropriate access point:
 - No.23 Star Hill, ME1 1XF
 - New Road, ME1 1BD
 - High Street, ME1 1HY
- Name of the caller.
- Details of the incident, including the nature of the injury or illness.
- Any relevant medical information available.

Where possible, a member of staff should be available to meet the ambulance or emergency services on arrival and direct them to the location of the casualty to ensure they can access the person as quickly as possible.

The Medical Team or an appropriate member of College staff will ensure that parents/carers are informed where required and that suitable arrangements are made if a student requires further medical assessment, including hospital attendance. Where a student requires hospital



assessment and a parent/carer is unable to attend, the College will arrange an appropriate member of staff to accompany the student where necessary.

All first aid treatment and relevant incidents must be recorded in accordance with College procedures. Records should be completed as soon as reasonably practicable following the incident and forwarded to the Medical Team where appropriate to ensure accurate medical records are maintained.

When the Medical Team is not on site, boarding staff are responsible for providing appropriate first aid within the limits of their training and competence and seeking further medical assistance where required.

When a student, member of staff or visitor becomes injured or unwell, staff should assess the situation, provide appropriate first aid and remain with the individual where safe to do so. If the person can safely mobilise, they may be directed to an appropriate location for further support. If they cannot safely mobilise, or moving them may worsen their condition, they should remain where they are and assistance should be requested. A person should not be moved unless necessary to prevent further harm.

The Medical Team should be informed of any significant injury, illness or incident as soon as practicable. Where the situation is beyond the level of first aid available, the person's condition is concerning or deteriorating, or there is a medical emergency, 999 should be called without delay. NHS 111 may be contacted for non-emergency medical advice where appropriate.

Parents/carers should be informed where required, and appropriate arrangements made if a student requires further medical assessment or hospital attendance. All first-aid treatment and relevant incidents must be recorded in accordance with College procedures and forwarded to the Medical Team where appropriate.

Body Fluids

The following procedures must be followed when responding to accidents or incidents involving blood or other body fluids:

- Appropriate personal protective equipment (PPE) must be worn when handling blood or other body fluids.
- Staff must avoid direct contact with body fluids and take care not to allow contamination to enter the eyes, nose, mouth or any open wounds.
- Spills involving blood or other body fluids, including faeces, vomit, saliva, nasal discharge or eye discharge, must be cleaned up as soon as possible using an appropriate body fluid spill kit and following infection control procedures.



- Body fluid spill kits contain appropriate equipment, including absorbent materials, protective equipment and disposal materials, to support the safe management of body fluid spills.
- Staff should use the available spill kits where appropriate and seek advice from the Medical Team or Housekeeping Team if additional support is required.
- Any contaminated materials, including used PPE and cleaning materials, must be disposed of safely in accordance with infection control procedures.
- Contaminated waste must be placed in an appropriate clinical waste bag, securely sealed and disposed of using the designated clinical waste disposal arrangements located in the Medical Room.
- Surfaces contaminated with body fluids must be cleaned and disinfected using appropriate cleaning products.

Body fluid spill kits are located at the following locations:

- Medical Room.
- Dickens Lobby.
- Northbank Reception.
- Gordon House Staff Office.
- Grand Central, Star Hill.

Staff should seek advice from the Medical Team if they are unsure of the appropriate procedure for managing a spill involving blood or other body fluids.

First Aid Procedures Off Site

When taking students off College premises, staff will ensure they have access to the following:

- A College mobile phone.
- A portable first aid kit (available from the Medical Room).
- Information regarding the specific medical needs of students attending the trip or visit.

If parent/carers contact details are required, the staff member should contact the College to speak with a member of student services or boarding.

Risk assessments must be completed by the trip organiser prior to any educational visit or activity that requires students to leave College premises.

There must be appropriate first aid provision available on all College trips and visits, including access to a trained First Aider where required based on the nature of the activity and assessed level of risk.

First Aid Bags for Trips



There are five portable first aid bags located in the Medical Room for use during College trips and off-site activities.

Each first aid bag contains essential supplies including:

- Wound care supplies.
- Sanitary and menstrual products.
- Cool packs.
- Emesis bowls.
- Disposable gloves.
- Emergency salbutamol inhaler.

An additional adrenaline auto-injector (EpiPen) is available from the Medical Room for use during trips and off-site activities where required.

All trip first aid bags also contain commonly required medications, including:

- Cetirizine.
- Paracetamol.
- Electrolyte solution.

These items must only be administered in line with the College's Medication Management Policy and appropriate authorisation procedures and clearly documented in the accompanying Medication Administration Record sheet.

First Aid Equipment

First aid equipment provided across Rochester Independent College is based on the recommendations of the Health and Safety Executive (HSE) and the College's documented first aid needs assessment. Locations of first aid equipment and first aid kits are listed in Appendix 1. First aid equipment is regularly checked and maintained by the Medical Team. Staff should inform the Medical Team if equipment has been used, is damaged or requires replacement.

Additional First Aid and Emergency Equipment

In addition to the standard first aid kits located across the College, additional first aid and emergency equipment is provided in areas where specific risks or medical needs have been identified.

Eye Wash Kits

Eye wash kits are available in the Medical Room and in each Science Laboratory. These are provided to allow immediate irrigation of the eyes following exposure to chemicals, dust, debris or other substances that may cause eye irritation or injury.



Burns Kits

There are two dedicated burns kits available within the Science Laboratories, provided to support the immediate management of burns and scalds arising from practical science activities.

Each staff kitchen also has a burns kit available to provide immediate first aid for minor burns and scalds.

Staff should provide first aid within the limits of their training and seek assistance from a First Aider or the Medical Team where appropriate. Serious burns or injuries requiring further assessment should be escalated for appropriate medical treatment.

Anaphylaxis and Asthma Emergency Response Kits

Three Anaphylaxis and Asthma Emergency Response Kits are available across the College for use in an emergency:

- Dickens Lobby
- Northbank Reception
- Student Services

The kits contain emergency equipment and medication to support the management of asthma and anaphylaxis, including:

- Adrenaline auto-injectors.
- Salbutamol inhaler.
- Inhaler spacer.
- CPR face mask.
- Relevant emergency guidance.
- Emergency medication consent information.

The kits are checked regularly by the Medical Team to ensure that they are appropriately stocked, in date and ready for emergency use.

Asthma Emergency Kits

Additional Asthma Emergency Kits are available at:

- Lower School Office
- Gordon House Staff Office

These kits contain an emergency salbutamol inhaler and spacer, together with the relevant guidance and consent information. The kits are intended to provide rapid access to emergency asthma medication where required.



Automated External Defibrillator (AED)

The College Automated External Defibrillator (AED) is located at:

Main Office, 37 Star Hill

The AED is accessible for emergency use and performs regular self-checks.

The AED should be used in a suspected cardiac arrest where the casualty is unconscious and not breathing normally. The device provides step-by-step instructions and can be used by anyone following the guidance provided. All qualified First Aiders receive training in AED use. In the event of a suspected cardiac arrest, emergency services must be contacted immediately and CPR commenced where appropriate. The AED should be obtained as soon as possible and used following the instructions provided by the device.

Administration of Medicines

First Aiders do not routinely administer medication as part of their first aid role. Medication may only be administered by staff who have received appropriate medication administration training and are authorised to do so in line with the College's Medication Management Policy.

Commonly used over-the-counter medicines are stored at designated locations across the College. These locations include:

- Start Hill offices
- New Road House Office.
- Sixth Form Office.
- Gainsborough Office.
- Dickens Lobby.
- Gordon House Staff Office.
- Northbank Reception.
- Medical Room.

Medication storage areas are monitored regularly by the Medical Team to ensure medicines are appropriately stored, available when required and within date. Medicines may only be issued by staff who have completed the College's Medication Administration Training. All medication administered must be recorded on the College Medicine Administration Record (Google Drive) and, for boarding students, recorded on Orah. Relevant medication information will then be updated on the student's medical profile on iSAMS.

Student Emergency Rescue Medication

Student emergency rescue medication is stored in a secure, designated cabinet within the Medical Room, clearly labelled: "Student Emergency Medication." This medication is prescribed by the student's healthcare professional for the emergency management of



specific medical conditions. Emergency medication is closely monitored by the Medical Team through a strict sign-in and sign-out process to ensure the College is aware of its location and availability at all times. Emergency rescue medication remains assigned to the individual student it has been prescribed for and must accompany that student during trips, educational visits and off-site activities where required.

Students with Medical Conditions, IHCPs and Medical Action Plans

First aid arrangements take into consideration the individual healthcare needs of students. Where appropriate, students with specific medical conditions will have an Individual Healthcare Plan (IHCP) and/or a relevant medical action plan in place. Relevant information from these plans will be shared with appropriate staff on a need-to-know basis to ensure students receive safe and effective support during lessons, boarding, activities and off-site visits. Staff supporting students with specific medical needs will receive appropriate information and training where required. The School Nurse and Medical Team will provide guidance to staff regarding emergency procedures, escalation of concerns and the management of individual student healthcare needs.

The School Nurse delivers awareness sessions for staff to support the safe management of specific medical conditions, including epilepsy, severe allergies and anaphylaxis management, asthma and other identified healthcare needs. These sessions aim to improve understanding of medical conditions, recognise emergency situations and ensure appropriate responses are followed.

The School Nurse will also review relevant IHCPs and medical action plans with appropriate staff to ensure they understand the student's individual needs, emergency procedures, medication arrangements and when further medical support or escalation is required.

Boarders

Rochester Independent College has procedures in place to support the care of unwell boarders, including first aid arrangements and the management of illness within boarding accommodation.

All boarders will be registered with a local NHS GP to ensure they can access appropriate healthcare services when required. Boarders also have access to local dental and other healthcare services.

Boarding staff are responsible for supporting students outside normal College hours and must work within the limits of their first aid training, knowledge and competence. Boarding staff must recognise when further medical advice, support or escalation is required and follow College procedures for contacting the Medical Team, emergency services or other appropriate healthcare professionals.



The Medical Team provides guidance and additional awareness training to boarding staff regarding student health needs, emergency procedures and the management of specific medical conditions.

Procedures are in place to ensure the confidentiality and rights of boarders as patients are respected, including the rights of students who are Gillick competent to give or refuse consent to treatment. There are designated sick bays available for boarders who are unwell. These can be used when the Medical Team is on site to provide a suitable area for students who require medical review, monitoring or ongoing observation, including morning health checks. Use of the sick bays helps to ensure that unwell students can be appropriately supported while maintaining the comfort, privacy and wellbeing of other boarders.

Record Keeping and Reporting

All first aid treatment, accidents and relevant medical incidents must be recorded appropriately following an incident. Where an accident occurs on College premises, the Accident Book must be completed by the appropriate person on the same day or as soon as reasonably practicable after an incident resulting in injury.

Details of first aid provided should also be recorded within the appropriate College systems, including iSAMS and Orah where relevant.

Records should include:

- The name of the First Aider or person dealing with the incident.
- The date, time and location of the incident.
- The name of the injured or unwell person.
- Details of the injury, illness or concern.
- Details of first aid or medical support provided.
- The outcome following the incident, for example returned to lessons, rested in the Medical Room, collected by a parent/carers or referred for further medical assessment.

First aid records are reviewed by the Medical Team to identify trends, recurring incidents or areas where additional training, resources or preventative measures may be required. Any identified actions will be reviewed with relevant College leads, including Safeguarding and Health & Safety Officer where appropriate.

Records will be retained and securely managed in accordance with College procedures, data protection requirements and relevant legislation.

Monitoring and Review of Policy

The Principal, supported by the School Nurse and Health & Safety Officer, will regularly monitor and review the College's first aid arrangements, medical welfare provision and relevant health and safety procedures.



This review process will include consideration of:

- First aid provision and staffing levels.
- Accident and incident records.
- Trends in injuries, illness or medical concerns.
- Training requirements.
- Equipment and resource availability.
- Changes to College activities, premises or student healthcare needs.

Where improvements or changes are identified, appropriate actions will be implemented to support the health, safety and wellbeing of students, staff and visitors.

Created/Updated	Author	Approved by	Date
August 2021	CD	AB	August 2021
August 2022	CD	KF	August 2022
May 2023	CD	KF	May 2023
August 2024	CD	KF	August 2024
July 2025	CD	KF	July 2025
August 2026	KB	KF	August 2026



Appendix 1: Locations of First Aid Equipment and contents

- Dickens
 - Lobby
 - Main kitchen
 - Annex kitchen
 - Laundry room
- Gordon House
 - Entrance
 - Office
- Northbank
 - Reception
 - Common room/kitchen
- Gainsborough
 - Office
- Finland
 - Ground floor kitchen
 - Attic common room
- Star Hill
 - 17 Entrance
 - 19 Entrance
 - 25 Entrance
 - 27 Entrance
 - 29 Kitchen
 - 33 Entrance
 - 33 Lab Room 62
 - 35 Canteen Kitchen
 - 35 Lab Room 51
 - 37 Lab Room 48
 - 37 Grand Central
 - 39 Lab Room 36
- Workshops
 - Star Hill Garden Workshop
 - New Court Workshop
- Gym
 - On top of grey cupboard
 - PE Away Bag
- New Road House
 - Office
 - Canteen kitchen
- New Court
 - Ground floor office



- 6th Form office

First Aid Kit Contents

- 1 First Aid Guidance Leaflet
- 3 Medium Dressings
- 3 Large Dressings
- 3 Triangular Bandages
- 2 Microporous Tape (2.5 cm)
- 3 Eye Dressings
- 45 Washproof Plasters
- 15 Sterile Wipes
- 15 pairs Nitrile Gloves:
 - 3 × Small
 - 9 × Medium
 - 3 × Large
- 3 Finger Dressings
- 1 Face Shield
- 2 Foil Blankets
- 2 Burn Dressings
- 1 Clothing Cutter
- 2 Conforming Bandages

Trip First Aid Bag Contents

- 1 × CPR face shield
- 2 × 8 cm × 10 cm dressings
- 1 × Triangular bandage
- 1 × Foil blanket
- 10 × Assorted-size plasters
- 10 × Sterile wipes
- 1 × Conforming bandage
- 1 × Medical tape
- 3 pairs × Medium gloves
- 1 pair × Large gloves
- 3 × Sanitary towels
- 3 × Tampons
- 3 × Vomit bowls
- Cetirizine
- Paracetamol
- Dioralyte sachets



- 1 × Salbutamol inhaler
- 1 × Trip Medication Administration Record (MAR) sheet
- 1 × Epilepsy Management Awareness Sheet
- 1 × Asthma Awareness and Management Sheet and parental consent sheet
- 1 × Anaphylaxis Awareness and Management Sheet
- 1 × Cool pack
- 1 × Burnshield Hydrogel Burn Blott Sachet (3.5 ml)
- 1 × Antibacterial hand sanitiser

Burns Kit Contents

- 2 × Burnshield 10 cm × 10 cm dressings
- 3 pairs × Medium disposable gloves
- 1 pair × Large disposable gloves
- 1 × Trauma scissors
- 1 × 500 ml saline/sterile water for wound irrigation
- 1 × Foil blanket
- 1 × Burns First Aid Guidance Sheet



Appendix 2: List of Trained First Aiders

Mark Melling	Bethany Townsend
Julie Brooks	Claudia Chiappini
Michael Dax	Tollo Seshabela
Alistair Donaldson	Lisa Hastings
Ella Loveridge Foster	James Ryan
Justine McAvoy	Joao Scarpa
Alex Martinez	Egor Zaytsev
Jenny Weir	Kelly Flatman
Warren Willenberg	Fran Baur
Claire Carter	Tina Bezzina
Sonia Mlynarova	Ashley Butcher
Ian Duxbury	Bethany Clark
Daniel Boadu	Ellen Crozier
Michelle Jordan	Chris Dono
Xavier Grist	Chris French
Amar Atkar	Clare Harding
Nadine Whaymand	Sophie Jordan
Vici Hodges	Abdoulie Lemon
David Hodges	Michelle Mills
Rose Murray	